

Hygiene rules in the house and during events



Please stay at home ...

- if you show signs of illness such as fever, cough, shortness of breath, aching limbs.
- if you have had contact with people who are currently under quarantine.
- if you have been in a Corona risk area* in the last 14 days.

If you become aware of this during your stay here, we ask you, in the interest of everyone, to leave the event and the building without delay and contact a doctor or the health department.

Inform your course management and/or the department, especially in the event of a positive finding.

* The current list of the Robert Koch Institute (RKI) applies.

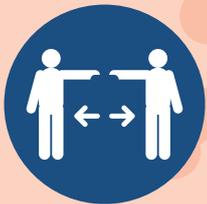


Masks are compulsory in all rooms!

A medical face mask must be worn at all times inside the vhs buildings. This includes 'surgical masks', as well as particle-filtering masks of the standards 'KN95/N95' or minimum 'FFP2'.

This applies without exception in all public areas, in all corridors, hallways and stairwells, waiting areas, lifts and toilets.

Not required: Children under the age of six, Deaf and hard-of-hearing people and their companions, pregnant women, people with impairments and health restrictions (e.g.: respiratory diseases such as asthma).



Please observe the distance rules!

A minimum distance of 1.50 m from other persons must be maintained in all areas.

(rule of thumb: min. 2 arm lengths).

Avoid forming groups and crowds!



Cough & Sneeze Etiquette:

Cough and sneeze into the crook of your arm or into a disposable handkerchief.

Keep as much distance as possible from other people, turn away from the other person and wash or disinfect your hands afterwards.



Hand hygiene:

Clean your hands regularly and thoroughly with soap and water.

If this is not possible, use one of the dispensers in our buildings (e.g. in the toilets) for hand disinfection.

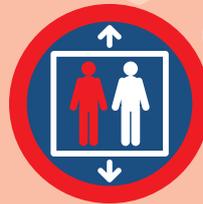
Do not exchange or share items or food. Bring your own writing pens.



Please air the course rooms!

The course rooms must be ventilated at least every 20 minutes.

Permanent tilting ventilation is not considered sufficient.



Use of stairwells:

If possible, use the staircase (note the direction of travel).

In the Bamberger-Haus, for example, you can access the floors via the front staircase; the rear staircase, on the other hand, is only used for exiting the building.

The lifts may only be used by the maximum number of persons indicated on the lift.

Please observe the walking direction!

The markings given on the corridors and in the stairwell for walking directions, accesses and queues must be observed.



Toilet use:

The toilet rooms may only be entered with the maximum number of people indicated on the door.



During the breaks:

Breaks may only be spent in the classroom or outside the building.

Avoid crowding at the doors and forming groups.



Please do not use the telephone in the corridors!

Only stay in the stairwells and corridors for as short a time as possible.

Please use your telephone only outside the buildings.

The current hygiene plan is part of our house rules. We reserve the right to apply our house rules.

Englisch 02.2021